Here are ten questions for a food analysis survey on the most frequent food eaten by people in India during the COVID-19 pandemic:

1. Have you been more inclined to prepare traditional homemade dishes during the pandemic?

* Yes
* No

1. How often do you consume street food or fast food during the pandemic?

* Frequently
* Occasionally
* Rarely
* Avoid completely
* How often do you incorporate fruits and vegetables into your daily diet during the pandemic?
* Multiple times a day
* Once a day
* Few times a week
* Rarely

1. Have you been more conscious of your food choices to maintain a balanced diet during this time?

* Yes
* No

1. How has the pandemic affected your food budget and spending habits?

* Increased significantly
* Increased moderately
* Remained the same
* Decreased moderately
* Decreased significantly
* Are there any specific food items you have started consuming more frequently during the pandemic? (Please specify)

1. Have you experienced any changes in your dietary habits to support your immune system during the pandemic?

* Yes
* No
* What type of meals do you most frequently consume during the pandemic? (Select all that apply)
* Home-cooked meals
* Takeout/delivery from restaurants
* Frozen or packaged convenience foods
* Instant noodles or ready-to-eat meals

Which types of grains or pulses do you purchase most frequently from the kirana store during the pandemic? (Select all that apply)

* Rice
* Wheat flour
* Lentils (dal)
* Chickpeas (chana)
* Other (Please specify)

Which cooking oils or ghee do you typically purchase from the kirana store during the pandemic? (Select all that apply)

* Mustard oil
* Sunflower oil
* Groundnut oil
* Ghee
* Other (Please specify)

Are there any specific packaged or processed foods you have been buying from the kirana store more frequently during the pandemic? (Please specify)

Have you experienced any challenges in accessing essential food items from the kirana store during the pandemic?

* Yes
* No

How often do you buy snacks or ready-to-eat foods from the kirana store during the pandemic?

* Daily
* Several times a week
* Once a week
* Rarely or never

How has the COVID-19 pandemic affected your overall spending on food items from the kirana store?

* Increased significantly
* Increased moderately
* Remained the same
* Decreased moderately
* Decreased significantly

Have you started purchasing more local or regional food products from the kirana store during the pandemic?

* Yes
* No

1. On average, how many times per week did you consume homemade meals before the COVID-19 pandemic?
2. During the peak of the pandemic, on average, how many times per week did you consume homemade meals?
3. On a scale of 1-10, how much did your consumption of processed or packaged foods increase during the lockdown period? (1 = Not at all, 10 = A significant increase)
4. On a scale of 1-5, how frequently did you order takeout or food delivery during the pandemic? (1 = Rarely, 5 = Very frequently)
5. On a scale of 1-5, how much did your dietary preferences change during the lockdown? (1 = No change, 5 = Significant change)
6. On a scale of 1-3, did you adopt any specific dietary restrictions or preferences during the pandemic? (1 = Yes, I became vegetarian/vegan, 2 = Yes, I followed specific restrictions, 3 = No, I did not adopt any specific restrictions)
7. On a scale of 1-5, how much more time did you spend on home-cooking or baking activities during the lockdown compared to pre-pandemic times? (1 = Much less time, 5 = Much more time)
8. On a scale of 1-3, how much did you stock up on the following during the lockdown? (1 = Rice, flour, canned goods, etc., 2 = Frozen foods and ready-to-eat meals, 3 = Fresh produce and perishable items)
9. On a scale of 1-5, how did the pandemic affect your consumption of fruits and vegetables? (1 = Consumed much less, 5 = Consumed much more)
10. On a scale of 1-3, how many new recipes or cooking techniques did you try during the lockdown period? (1 = Tried several new recipes/techniques, 2 = Tried a few new recipes/techniques, 3 = Didn't try any new recipes/techniques)
11. On a scale of 1-5, how often did you turn to particular comfort foods during stressful times in the pandemic? (1 = Rarely, 5 = Very often)
12. On a scale of 1-3, how often did you experience difficulties in accessing certain foods during the lockdown? (1 = Often, 2 = Occasionally, 3 = Rarely)
13. On a scale of 1-10, how much did your overall food budget change during the pandemic? (1 = Decreased significantly, 10 = Increased significantly)
14. On a scale of 1-5, how did your consumption of restaurant meals change during the lockdown? (1 = Frequently ordered online delivery, 2 = Occasionally ordered takeaway/delivery, 3 = Completely avoided restaurant meals)
15. On a scale of 1-3, which factors influenced your food choices the most during the COVID-19 pandemic? (1 = Health concerns and nutritional value, 2 = Availability and convenience, 3 = Cost and affordability)

Food Consumption Analysis during the COVID-19 Pandemic

Dear participants, this survey aims to understand the changes in food consumption patterns during the COVID-19 pandemic in India. Your responses will provide valuable insights into how people adapted their eating habits and preferences during these challenging times. We kindly request your honest feedback to help us analyze the impact of the pandemic on dietary choices and understand the most frequent foods consumed during the lockdown. The survey is anonymous and will only take a few minutes to complete.

Thank you for contributing to this study and helping us gain a better understanding of our community's experiences.